

# Susan Kathleen

#1 International Bestselling Author  
Known As "The Heart Centred Healer & Change Agent"

*- Author & Poet - Podcast Host - Motivational Speaker - Life Mastery Consultant -  
Meditation & Mindfulness Coach - Hypnosis Practitioner - Reiki Master -*

## SPEAKER BIO

Susan Kathleen is known by her Clients & Followers as the 'Heart Centred Healer & Change Agent'



Susan KATHLEEN

- # 1 Bestselling Author of the self-help book 'Who's Afraid of the Big Bad Wolf'
- Transformational Speaker encouraging people to live their lives from adversity into positivity.
- Talk Show Host for the #23 Top 50 Podcast Worldwide 'Awaken Your Mind Magic'
- Blogger, Illustrator and Visual Storyteller ~ under the name of the 'Happy Scribbler'

## AS SEEN ON

WOMAN  
Entrepreneur



PODCAST  
BEYOND THE MICROPHONE  
MAGAZINE

## About Susan Kathleen

Susan Kathleen has 40+ years of experience in numerous holistic practices.

She is a Transformational Speaker, Podcast Host, Certified Life Mastery Consultant, Meditation & Mindfulness Coach, Hypnosis Practitioner & Reiki Master.

Formally trained as an Educator, Susan has worked with Royal Families in Palaces, to the poorest children in African villages.

As an International Speaker, Teacher Intuitive Healer & Transformational Life Coach she encourages people from all walks of life to Live the Dream they would truly love to live.

Susan has shared the stage with international speakers such as Mary Morrissey, & speaks on the art of forgiveness, learning to live a life of fulfilment & happiness from adversity into positivity.

Her best selling self-help book 'Who's Afraid of the Big Bad Wolf' was written off the back of her understanding she was an Enabler, by staying in a marriage for more than 30 years to a man who had total control over her. It was only after he passed away that she discovered he had hidden many parts of his life from her that set her onto her path of Self-Discovery, Empowerment & Success once she learned the Art of Forgiveness & Unconditional Love. Her reflective writing program Write2get Right is designed to help those recovering from the trauma of abuse through reflective journaling & meditation. Her podcast 'Awaken Your Mind Magic' features Special Guests from all walks of life who have turned their lives around from Adversity into Positivity using the 'Power of the Mind'.

## POSSIBLE INTERVIEW TOPIC WITH SUSAN KATHLEEN

'Who's Afraid of the Big, Bad Wolf?'

Healing the Fear of the Narcissistic Werewolf  
Through the Magic Power of the Pen

This ground breaking work is a self-discovery book for people who desperately want to help themselves understand how to overcome the Fear of being a victim and suspect their antagonist to be a Narcissist.

Susan reflects & shares:

"Narcissists cut a daredevil persona through the world.

Drawing in their targets like moths to a flame...

At one end of the spectrum is the charismatic leader oozing charm whose only apparent vice is his or her inflated ego.

Whilst at the peak end of the spectrum lurk the Werewolves, the true individuals with Narcissistic Personality Disorder who, with a well calculated practiced mask of deception, manipulate their unsuspecting target victims into their lairs where they play their mind-bending games of lies, anger, attention-seeking, power-control and obsessive self-image with total lack of empathy for the person they slowly erode into submission."

Insightful courage was taken by the Author Susan K Cook to share her story only after the Narcissist in her life passed away.

Leaving her free to research, discover and understand herself as an Empath and why they are attracted to Narcissistic Werewolves.

In a Self-Help Guide of "How to Heal through Reflective Journaling and Meditation" Susan Kathleen teaches you the basic methods on how to go about this inexpensive way towards self-healing using the power of the pen.



## MAIN MEDIA POINTS

- ➔ **Blueprint & Believe in your Mind you are Limitless!**  
Using the Power of your Mind, visualise yourself living your Dream Life in all areas.
- ➔ **Use Daily Affirmations 'I Am that I am' Limitless!**  
Learn to use your 'Mind Muscle' to strengthen your self Belief into reality through repetitive Affirmations throughout the day.
- ➔ **Limitlessly Dream & Believe**  
If you can Dream it, Believe it & you will allow yourself to create a fulfilled life of pure abundance
- ➔ **Be Limitless, Be The Person You Aspire To Be!**  
In order to become who you want to be, you must act in the role of whom you aspire to become.
- ➔ **Mindfully Use Limitless, Positive Vocabulary!**  
Choose only to be part of conversations that uplift you into the development of being limitless both in internal dialogue & speaking externally.
- ➔ **Radiate Limitless Body Language & Confidence!**  
Walk tall with pride & confidence & interact with the public as if made of Teflon! Be Mindfully Important!

SO FORTUNATE TO FIND SUSAN! DESPITE BEING A LAY COUNSELLOR FOR EIGHT YEARS, I WAS NOT ABLE TO PINPOINT MY LETHARGY, ALIAS DEPRESSION. SUSAN HAD JUST THE RIGHT TECHNIQUE, PATIENCE AND UNDERSTANDING TO JOLT ME OUT OF MY NEGATIVE MOOD AND SET ME ON THE RIGHT ROAD! I THOROUGHLY RECOMMEND SUSAN - MICH WATERS, MOUSEHOLE, UNITED KINGDOM ★

I WAS IN A 'FOGGY PLACE' AND YOUR COACHING LEFT ME FEELING ENERGISED AND MOTIVATED. YOUR PASSION AND BELIEF IN THE PHILOSOPHY AND STRATEGY OF THE DREAMBUILDING® COACHING PROGRAM WERE SO BELIEVABLE AND MOTIVATING. I WAS IMPRESSED WITH YOUR ABILITY TO HOME IN ON THE IMPORTANT ISSUES IN MY LIFE. I CONFIDENTLY RECOMMEND COACHING WITH SUSAN. BEV GRACE, ADELAIDE, AUSTRALIA ★

Awaken  
Your Mind  
Magic



With Susan Kathleen

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Are you looking for a charismatic & seasoned Show Guest who is multi-talented & speaks with confidence on a variety of engaging topics?  
Then you are looking for Susan Kathleen.